

Slam Salad Sandwich

Pastor Barnes

Total Vegetarian

December 24, 2023

**1 recipe** Seitan (on this website)

**3 cans** crushed pineapple (20-ounce cans, drained)<sup>1</sup>

**¼ cup** fresh lemon juice<sup>2</sup>

**1 Tub (1.6 cups)** Cashew Cheese Sauce (on this website)

- ✓ Grind seitan and pineapple in food processor. Stir in Cashew Cheese Sauce to desired consistency. Use as a sandwich spread.
- ✓ Each sandwich uses **⅓ cup** of spread (to taste)

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1 Any kind of pineapple can be used, since you are grinding it anyway.

2 I use lemon juice that has been fresh-squeezed and frozen. Freeze fresh-squeezed juice in a zip-lock bag, and when you need some juice, run hot water over the outside of the sealed bag until the correct amount of juice has separated from the frozen block.